Name _____

Sister Thea Bowman

One memorable moment in Sister Thea Bowman's life was when she led bishops to join hands, stand very close, and sing together. The close proximity of the singers and the lyrics of the spiritual tune "We Shall Overcome" combined to break down barriers between the participants and remind them of the solidarity and strength in numbers that African Americans used in peaceful protests during the Civil Rights movement of the 1960s.

Sometimes, a physical activity can be used to break down barriers and help different people to come together for a common goal. This "icebreaker" can open the doors to teamwork and even friendship. Write about or draw a picture of an activity that a group could use to break down barriers in order to get to know one another better and work together despite differences, inspired by the work of Sister Thea Bowman.

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